

SPICY, SOUR & SPICY PEANUTS

Adapted from Bon Appétit

Ingredients

- ½ small red onion, finely diced
- 2 serrano peppers, stemmed, cored, and finely diced
- 1 lime, zest and juice
- 1¼ cup Spanish peanuts (salted, skin-on, and roasted)
- ½ cup cilantro, chopped
- ¼ teaspoon smoked paprika

Instructions

In a medium bowl, combine onion, pepper, lime zest and juice. Allow to rest about 10 minutes. Mix in peanuts, cilantro, and paprika. Refrigerate in an airtight container until ready to use.

Note: sub in regular roasted peanuts if Spanish are unavailable.

Yield: 4 servings



NUTRITION FACTS PER SERVING (1/3 cup)

CALORIES: 150

PROTEIN: 7 grams

SODIUM: 90 milligrams

CARBOHYDRATE: 7 grams

FIBER: 2 grams

FAT: 12 grams

SATURATED FAT: 2 grams